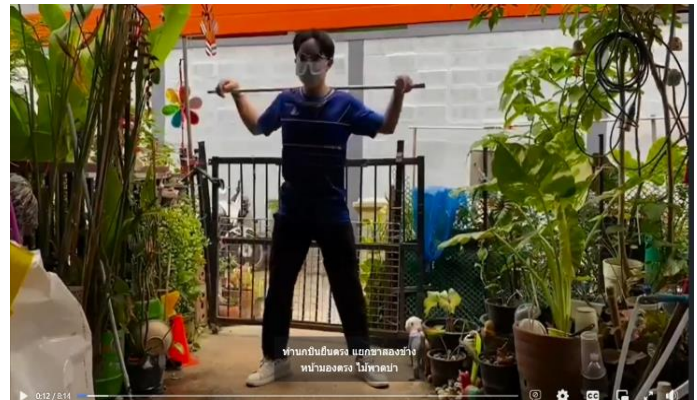
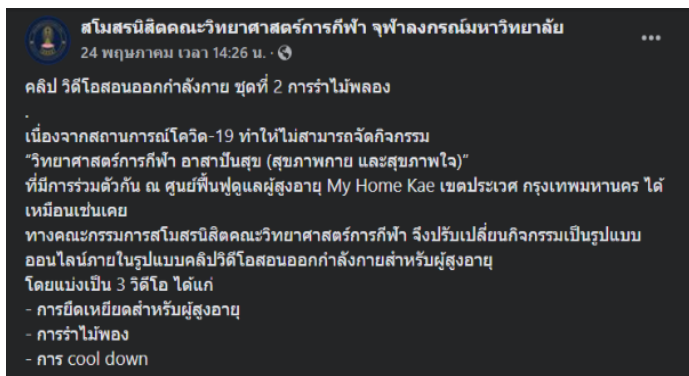


## Volunteer Project, Sports Science Punsuk

From the situation during the epidemic of COVID-19 that affects the lives of people in terms of health, economy and society widely. The Faculty of Sports Science Chulalongkorn University, led by the Student Council of the Faculty of Sports Science has organized a volunteer project, Sports Science Punsuk Between May 15, 2022 – June 1, 2022 via the Student Council of the Faculty of Sports Science Chulalongkorn University Facebook page and Facebook page of My Home Kae Elderly Rehabilitation Center Prawet District, Bangkok It is an online activity form. The purpose of this activity is to raise awareness for students to have a volunteer spirit, get involved in helping, share things and create happiness and fun for the elderly and to enable students to apply their knowledge of sports science and exercise as an exercise instructor, applying Thai arts and culture to create simple exercises, using video clips as an education media for teaching exercises for the elderly to have fun and benefit as much as possible.



**Responsible unit :** Student Affairs and Alumni Relations Unit,

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